

## LUGANDA VERSION OF THE LONDON MEASURE OF UNPLANNED PREGNANCY TOOL

### **Abuuza ajuzamu ebibuuzo kulapapula**

Waliwo olukalala lwa bidibwamu buli kukibuuzo. Osabibwa okulinda owulirize ebidibwamu byona olyoke olondemu ebyo ebikukolera olyoke ombulire eruwa ekukoledde. Njagala nkubuzeyo ebibuuzo ebikwata kumbeera eyaliwo n'engeri gy'owawulira mukiseera wewafunira olubuto. Nkusaba olowooze kulubutolwo olusembyeyo nga odamu ebibuuzo bino. Waliwo olukalala lwa answers buli kukibuuzo. Osabibwa okulinda owulirize ebidibwamu byona olwoke olondemu ebyo ebikukolera olyoke ombulire eruwa ekukoledde.

<b>Qn#</b>	<b>Ekibuuzo</b>	<b>Ekidibwamu</b>
Ekibuuzo kino ekisooka kirina ebyokuladako bina. Osabibwa okulinda owulirize ebidibwamu byona olwoke olondemu ebyo ebija mubelayo..ekibuuzo kino kibuza kun kola eyokwetangira okufuna olubuto. Bino biyinza okutwaliramu akapiira kagalimpitawa, obukerenda, empiso, capuso, akaweta, okusala abasajja obuseke, okusala abakazi obuseke, oba ekintu kyona ekirubirira okulwisa omuntu okufuna olubuto.		
01	Mumyezi mwenafunira olubuto.....	<p>Wali tokozesa nkola etangira okufuna olubuto.....1</p> <p>Wali okozesa enkola etangira okufuna olubuto naye sibilikiseera.....2</p> <p>Wali nga bulikisera okozesa enkola etangira okufuna olubuto naye kumulundi ogwo enkola yagaana okukola, (okugeza. Yayulika yasesetuka, yavayo, yavamu, teyakola nebirala) omulundi nga gumu.....3</p> <p>Wali/Mwali nga bulikisera Wali okozesa enkola etangira okufuna olubuto.....4</p>
Kati ngenda kubuuza ekibuuzo naye waliwo ebyokudamu bisatu kukintu ekyo. Osabibwa okulodako ekimu kubyo ekisinga okugendawo era okimbulire.		
02	Mubera yokufuka maama, mukisera mwewafunira olubuto, owlira nga olubuto lwo lwaberawo mu:	<p>Kiseera kituufu.....1</p> <p>kale, naye nga sikukiseera kituufu...2</p> <p>Mukiseera kikyamu....3</p>
Ebibuuzo ebidirira bibuuza kukiseera nga tonaba kufuna lubuto. Ekibuuzo kino nakyo kirina ebyokudamu bisatu kukintu ekyo. Osabibwa okulodako ekimu kubyo ekisinga okugendawo era okimbulire.		
03	Nga tonabeera lubuto.....	<p>Wali osazewoa okufuna olubuto.....1</p> <p>Ebilubirirwa okusalawo kwalikukyuka kyuka ....2</p> <p>Wali tonasala wo kufuna olubuto.....3</p>
Ebibuuzo ebidirira bubuuza kukiseera nga tonaba kufuna lubuto. Ekibuuzo kino nakyo kirina ebyokudamu bisatu kukintu ekyo. Osabibwa ekimu kubyo ekisinga okugendawo era okimbulire.		
04	Nga tonabeera	<p>Wali oyogala okufuna omwana.....1</p> <p>Walina endowooza zanjawulo kukyokufuna omwana .....2</p>

<b>Qn#</b>	<b>Ekibuuzo</b>	<b>Ekidibwamu</b>
	lubuto.....	Tewayagala kufuna omwana .....3
Mubibuuzo ebidako, tubuuza kumuganziwo – ano ayinza okuba bbawo, muganziwo gwobera naye, omulenziwo, oba omuntu gwewegata naye omulundi gumu oba ebiri. Era waliwo ebyokulondako bisatu mukibuuzo ekidako. Era lowooza kukiseera nga tonafuna lubuto oyinza okugamba nti.....		
05	Nga tonaabeera lubuto.....	Gwe nemuganzi wo mwateesa nti mwagala onfune olubuto.....1 Gwe nemuganziwo mwateesa nti mwagala okubeera nabaana mwena, naye temwakanya nti onfune olubuto.....2 Gwe nemugaziwo temwateesa ko kufuna tufune abaana mwebi.....3
Ekibuuzo ekisembayo nakyo kikusaba olowooze kukiseera nga tonafuna lubuto. Waliwo olukalala ly'eb yokulondako era njagala ombulire ebyo byona ebituufu.		
06	Nga tonabeera lubuto, wakola ekintu kyona okutumbula omutindo gwobulamubwo <u>nga</u> <u>wetegekera olubuto</u> <u>olusembye?</u>  - <i>Okwetekateka kuno wakukola kulubuto luno olusembayo?</i>	<p>1. Wamira empeke zomusayi.... Yes ...1 No...2</p> <p>2. Waterekawo kusente. .... Yes ...1 No...2</p> <p>3. Walya emerere ezamu obulamu Yes ...1 No...2</p> <p>4. Wagenda mudwaliro..... Yes ...1 No...2</p> <p>5. Walekera awo okutunda akabozи. Yes ...1 No...2</p> <p>6. Walekera awo oba wakedenza omwenge Yes ...1 No...2</p> <p>7. Walekera awo Walekera awo oba wakedenza Yes ...1 No...2</p> <p>8. Wakolanga ebintu ebirala, osabibwa onyonyole Yes ...1 No...2</p>